



Going out for lunch has become a regular favourite at Sunnyside! This month, our residents enjoyed a lovely outing to the Commercial Hotel, spending time together, enjoying a glass of wine and connecting with the wider community. These outings are a great way for residents to socialise, and enjoy each other's company outside of Sunnyside.



It has been a jam-packed month at Sunnyside, filled with plenty of laughter, connection and wonderful moments! From enjoying live performances and getting out into the garden while the sun was shining, to quieter moments spent reading, crafting and enjoying one another's company, there has been something for everyone.



A special thank you to Michelle for organising a wonderful Cheese & Wine Day — our residents absolutely loved it!

We also had plenty to celebrate, with Sandra, Peter and Terry all celebrating their birthdays.



RESIDENT SPOTLIGHT

Born in Belfast, Ireland, Sandra spent her early childhood living in the UK before making the exciting move to Australia in 1968.

She travelled across with her sister Patricia and close friend Kathy, beginning a new chapter and building a life here in Australia. Sandra married in Australia and was married for 22 years, and together they welcomed her daughter, Justine, who has always been a very special part of her life.

Sandra has always had a love for travel and adventure, with many wonderful trips throughout Europe. She especially enjoyed the simple pleasures of shopping, dining out and catching a movie. Sandra worked at the Casino for more than 10 years, but some of her happiest years were spent as a stay-at-home mum, caring for Justine. With a life filled with family, friendships, travel and treasured memories, Sandra has plenty of wonderful stories to share — and we are happy to have her as part of the Sunnyside family.



STAFF SPOTLIGHT



Tonya has been a much-loved part of the Sunnyside House team for 13 years. Her journey began just after high school, when she completed a placement at Sunnyside as a carer. It didn't take long for Tonya to feel at home, and she was offered a position following her placement. She went on to study nursing and has continued to grow her career with us ever since. "The residents feel like family to me. I love them the same as I do my own grandparents."

Outside of work, Tonya enjoys keeping active. She is a keen netballer, having played almost 100 games for Cobden, and also enjoys basketball. Over her 13 years at Sunnyside, Tonya has also celebrated some very special milestones, marrying her husband Tom and welcoming their son Wilbur, who is now seven. We're incredibly lucky to have Tonya's dedication, warmth and experience as part of the Sunnyside House team.