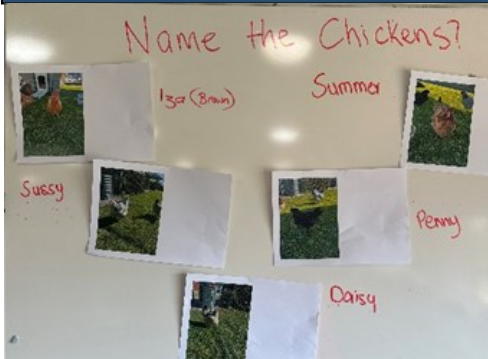


Sunnyside Snippets

August 2025



Chooks at Sunnyside!

We started the week with great excitement as we welcomed a few feathery friends to the Sunnyside family – our brand-new chooks! The residents took great pride in naming each of them, with plenty of discussion (and laughter) over the most fitting names. The chickens have already made themselves at home here at Sunnyside.



Happy Birthday
Mary and Sandra



Garden Beds at Sunnyside!

Later in the week, despite the wind and cold, we were fortunate to catch a break in the weather and make a start on our garden beds. With gloves on and tools in hand, our residents showed their green thumbs, planting and preparing for spring. Gardening continues to be a favorite activity here – offering not just fresh air and movement, but a comforting sense of home and purpose.



Our residents have had a wonderful week filled with laughter, new friendships, and a few rays of sunshine peeking through the chilly weather.



Connecting Generations



We also had the pleasure of hosting several students from Mercy College. Their visit brought wide smiles and heartfelt conversation. The students and residents bonded over stories, games, and shared laughter – a beautiful reminder of the happiness that comes connecting across generations.



It's been a busy week at Sunnyside. As we head into the warmer months, we're all looking forward to watching our gardens bloom and enjoying even more time outdoors. We have some exciting changes coming to our outdoor spaces— and we can't wait to share it all with you. A big thank you to our dedicated gardening staff, whose care and hard work never go unnoticed. Rain, shine, or chilly breeze, they continue to create spaces that feel like home for our residents, and for that, we are so grateful.

CEO Report

Dear Residents, Families, and Staff of Sunnyside House,

I am pleased to share a few updates from Sunnyside House as we enjoy the change of season.

Over the past few weeks, residents have been enjoying some beautiful sunshine, and our team has been making every effort to support time outdoors whenever possible. It has been wonderful to see residents spending time in the gardens, & soaking up the fresh air. This focus on outdoor time has been made even more special with the arrival of our new chicken coop and raised vegetable gardens. These projects are already sparking lots of interest, and we look forward to the joy and sense of purpose they will bring to daily life at Sunnyside House.

To further support resident care, we have made some slight increases to our afternoon roster. This adjustment will provide extra assistance during busier times of the day, ensuring residents continue to receive the highest quality care and attention.

Looking ahead, the introduction of the new Aged Care Act is an important change for our sector. Over the coming months, I will provide updates to help residents, families, and staff understand what these changes mean for Sunnyside House and how we will continue to meet our obligations. Please keep an eye on future newsletters for more information.

I would also like to let you know that I will be taking three weeks of annual leave in September. During this time, Grace will step into the role of Acting CEO. I am confident she will provide strong leadership and continuity while I am away.

As always, I extend my thanks to our dedicated staff, supportive families, and wonderful residents who together make Sunnyside House such a vibrant and caring home.

Kind Regards,

Jo Forrest

"Here at Sunnyside, we are reminded daily that the smallest moments often hold the greatest meaning. We are so grateful to share those moments with our residents."