



ACTIVITIES

ANZAC DAY

Residents at Sunnyside gathered in a spirit of reflection and unity to commemorate ANZAC Day, honouring the courage and sacrifice of past and present service members. Ron holds a wreath, while Peter stands beside the raised flagpole. Residents expressed the gratitude and respect shared across Sunnyside as they pause to remember those who served and those who continue to serve.



Welcome to our Sunnyside family: Melissa has welcomed a beautiful baby girl, Isla. She made her debut in quite a hurry, but both Melissa and Isla are doing wonderfully. Melissa sends her heartfelt thanks to all the staff at Sunnyside for the thoughtful gift and the support during this special time.

Happy Birthday

Cooking sessions and card games brought plenty of smiles this month. These activities aren't just fun—they help residents stay mentally active, encourage fine-motor skills, and create a sense of teamwork and connection. Whether measuring ingredients in the kitchen or sharing a friendly round of cards, residents enjoy the chance to socialize and stay engaged.



RESIDENT SPOTLIGHT



Mary grew up in Melbourne before moving to Ballarat in her late twenties, where she completed her nursing studies. After graduating, she returned briefly to Melbourne to study theatre nursing.

Mary went on to build a remarkable 30-year career as a theatre nurse at St John of God Hospital in Ballarat. She was known for her deep interest in surgical work, especially orthopedics, and for her skill in anticipating the needs of the surgeons she worked alongside.

Outside her nursing career, Mary also stepped into the world of media, working in on-air promotions and voice-over work for a local channel. It was there that she met a colleague who introduced her to two great loves that have stayed with her ever since: ABC Radio and good books.

Mary is an avid reader with a special fondness for biographies, and the works of Agatha Christie.

She has a small but close family, and also enjoys the visits from her best friend, Fran, whose friendship has been a constant source of joy over the years.

We're proud to honour Mary this month—a woman of many talents.

STAFF SPOTLIGHT



Mary is a Enrolled Nurses who is coming up to her first anniversary at Sunnyside.

In her time here, Mary has built warm, genuine relationships with both residents and staff.

She loves looking after people and says the connections she's made are the best part of working at Sunnyside.

Mary feels well supported by management and appreciates the extra training opportunities offered to improve her skillset.

Outside of work, Mary lives on a farm just outside of Camperdown, where she's grown up her whole life. She's an animal lover through and through and shares her home with Teddy, her energetic Jack Russell. She also plays netball.

This is Mary's first nursing role since earning her diploma. In the future she hopes to explore travel nursing. For now, we're fortunate to have her as part of the Sunnyside team.

We love sharing the stories and talents of our community! If you would like to contribute to our snippets please feel free to email spaton@sunnysidehouse.com.au

You can also follow Sunnyside House on Facebook